

Om Sri Sai Ram



SAI DHARMAM

CLIMATE CHANGE

According to the oxford dictionary, Global Warming defines itself as a gradual increase in the overall temperature of the earth's atmosphere generally attributed to the greenhouse effect caused by increased levels of carbon dioxide and other pollutants. Climate change defines itself as a change in global or regional climate patterns, in particular a change apparent from the mid to late 20th century onwards and attributed largely to the increased levels of atmospheric carbon dioxide produced by the use of fossil fuels. Both of these terms go hand in hand because

each one affects the other. Global warming is something that needs to be tackled as soon as possible because of its violent effects on both nature, animals and the human population. We've all probably heard the saying "you don't know what you have until it's gone". The same idea goes for society not understanding how damaging our actions really are on this home we call planet earth. The earth is currently struggling to confidently say that it will be able to sustain itself for future generations. Nobody ever thought this day would come and although surprised looks fill (Continued on page 2)

CLIMATE CHANGE

all of our faces, no real action is being taken to stop or reverse our actions. Our actions can be reversed through many simple, easy tasks. Here are just a few; recycle, use reusable containers and water bottles, plant trees, don't litter, save water. I'm sure that many of us have or are currently doing at least one of these initiatives, but the issue lies in the amount of people doing it. It has just recently been announced that humans only have a shocking 100 years left on earth before everything comes crashing down. ONE HUNDRED YEARS. To some this may seem like our time is sufficient to reverse the past, and to some it may feel the complete opposite.

Regardless, we should continue to encourage ourselves and those around us to think about the future of our society and begin their change today itself. A common misconception is that in order to see change we must have a time frame or a specific day. Although when it comes to an issue as severe as this, change should begin today, right this minute, right this second. The severity and short time span is what is being used as motivation to help captivate humans into seeing this problem as an issue that needs to be fixed.



As Baba says, time waste is life waste.

WHAT SWAMI SAYS ABOUT THE ENVIRONMENT

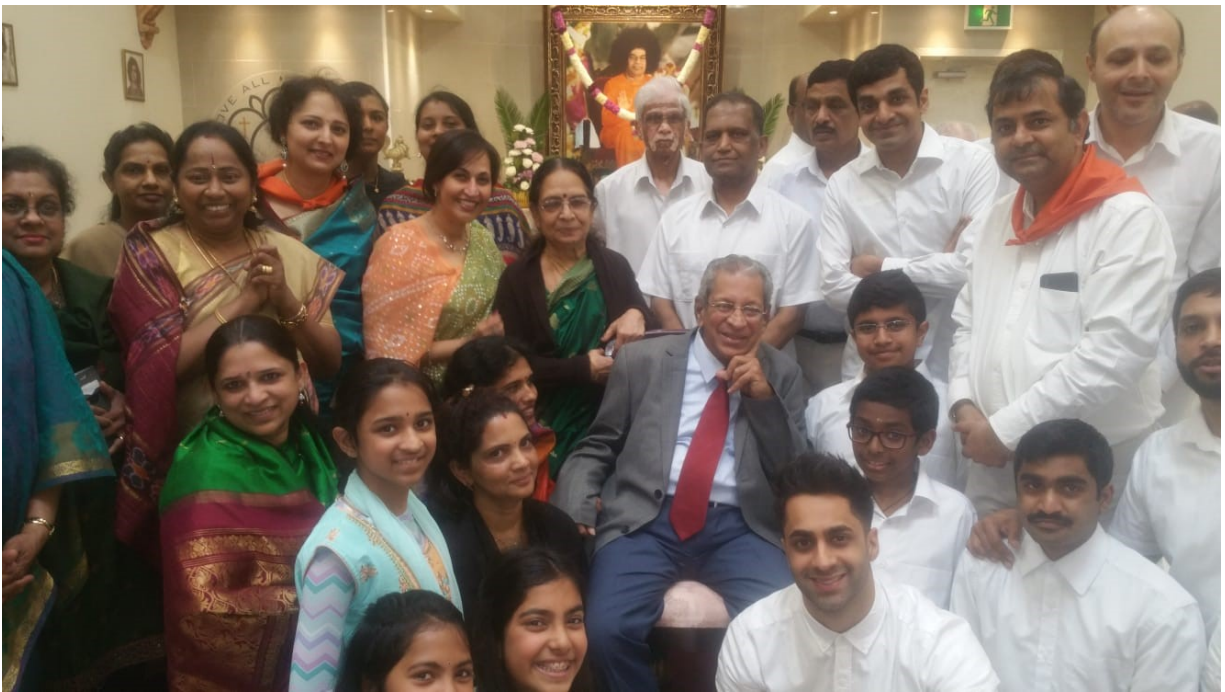
According to a recent interview on Cable News Network; CNN starring Bill Nye the Science Guy, it was said that the Earth is “on fire”, due to the increased carbon emissions spread by humans today. This can be due to increased capitalism, excess deforestation and the increased demand for materialistic products. Thus, the impact of climate change has become more severe in recent years. Notably, a similar idea was preached by Bhagawan Sri Sathya Sai Baba. We as humans are becoming insentient about the environmental problems that our Earth is facing today. It is important that we learn to use our resources judiciously and to remember that “modernity is not exploitation.” However, as humans we have the tendency to adapt a more modern and trendy lifestyle, so an important question that can be brought up from this, is if adapting modern practices is considered a bad thing? In response to this question, Bhagawan shares the true meaning about the word modernity by telling us how adapting modern practices such as purchasing automobiles

or advanced energy-powered stoves is not a bad thing to do, but should be done limitedly. It should be done in a way where natural resources are not exploited and become excessively disfigured or killed. With this in mind, due to the actions of many developed countries, people in developing countries have had to face the consequences of our actions. The cause of tornadoes, tsunamis, forest fires and earthquakes is a result of climate change. The increased presence of carbon gas in the air has caused these calamities to take place in the world. However, according to Swami there are ways we can save the planet and reduce the effects of climate change present today. Our Bhagawan preaches the importance of chanting the Lord's name constantly in order to purify the atmosphere in which we live. By suffusing the air with the Divine's name, we are not only cleansing what we breathe but protecting



ourselves from the harsh consequences of climate change. Also by making a few lifestyle changes, through consuming less meat, being fuel-efficient, purchasing less plastic and using more renewable energy, we can definitely protect our planet. Therefore, by adapting such practices, our Earth can be healthier and continuously sustain a growing population.

PRESIDENT'S MESSAGE



Aum Sri Sairam All,

Swami's grace and the support from all the devotees, Swami's Selfless Seva activities continued April through May 2019 including Blood donation drive, Food serving at Salvation Army shelter, Aradhana Mahotsav celebrations, Lake-shore clean-up, Amazing Grace celebrations for Mother Easwaramma Day. Thanks to all the volunteers.

Buddha Poornima that spans the three full moon days when Prince Siddhartha was born, became the Buddha, and attained nirvana. There is also a deep inner meaning of the term "Buddha Poornima." Buddha represents "buddhi" or wisdom and Poornima is "poorna state" or perfection. Thus, Buddha Poornima is the day on which Prince Siddhartha perfected His wisdom to become a Buddha. For each of us, our Buddha Poornima is the day when our *buddhi* or wisdom becomes perfect. We reach this perfection through a long and arduous journey, perhaps through many lifetimes. It is a journey from lack of Divine consciousness to "poorna" Divine consciousness. This journey has different roadways or approaches which Swami has explained with a smile in His Divine discourses.

On this auspicious day on Saturday May 18th, 2019 Prof. Anil Kumar along with National President Preeti Mathur and SSIO Team members visited our Cooksville Sai Center. It was such a great privilege to listen to Prof. Anil Kumar's speech and stories from his personal experiences with Swami, including stories even before he became a Sai devotee. Audience felt that as if Swami visited our center. Everyone in the audience felt Swami's message and teachings were passed on through his speech. Prof. Anil Kumar was friendly and very energetic. Thanks to Prof. Anil Kumar and all the SSIO Team members including National President and Regional President.

Swami has blessed city of Torontonians with another feather in the cap to celebrate "Human values day" on every April 24th of the year.

Our humble request to all including your friends and family to attend our annual picnic scheduled on Sunday July 7th, 2019 at Erin dale Park, Mississauga between 11 am to 5 pm.

Thank you,
Sairam,
Uncle Pancha.

GAME

G	Q	W	E	R	T	Y	U	I	O	P	A	S	Global Warming
D	L	F	G	H	J	K	I	H	G	F	D	S	Water Pollution
W	J	O	I	N	D	R	U	S	T	Y	X	Z	Aquatic life
A	U	Y	B	T	R	E	Q	W	N	B	V	C	Ecology
T	D	I	S	A	S	T	E	R	H	C	X	Z	Carbon Dioxide
E	F	D	K	T	L	Z	X	C	V	B	N	N	Industry
R	V	F	I	M	T	W	F	E	T	I	C	I	Heat
P	Z	X	C	O	G	E	A	S	B	K	A	Y	Atmosphere
O	G	E	V	H	D	A	C	R	E	A	R	S	Factory
L	K	D	B	S	J	T	T	Z	M	O	B	E	Weather
L	A	O	N	P	H	H	O	O	P	I	O	W	Disaster
U	L	A	M	H	G	E	R	E	W	A	N	A	Sewage
T	U	Q	K	R	V	R	Y	G	T	U	D	G	
I	H	U	I	E	C	O	L	O	G	Y	I	E	
O	E	A	J	D	V	N	Y	T	R	F	O	I	
N	B	T	H	S	C	C	V	B	H	U	X	H	
H	Y	I	G	A	Y	S	D	F	G	B	I	K	
W	D	C	A	H	E	A	T	N	G	J	D	M	
S	D	L	K	L	R	T	G	V	D	S	E	H	
A	T	I	D	V	D	E	G	H	Y	I	K	L	
H	G	F	D	S	A	L	K	J	U	H	N	W	
Q	W	E	E	G	Y	G	N	M	U	B	I	T	

10 TIPS TO SAVE THE EARTH

1. Plant trees to fulfill for the ones that we cut.
2. We can compost in our own garden
3. Clean up scattering garbage to save the environment
4. Don't use your car when you can stroll
5. Apply the 3R's to your daily lives
6. Use fewer paper sheets used reusable containers
7. Use reusable containers and water bottles
8. Use LED lights to save electricity
9. Save electricity by turning off lights and devices when not in use
10. Eat fresh foods to stop factory pollution

BHAJAN

In the sound of silence is the voice of God
 In the laughter of children is the voice of God
 In the song of prayer are the sounds of God
 Listen well and hear the sounds of God
 There are those who see but not the signs of God
 See the work of man - not the work of God
 Look around and recognize the Lord
 The beauty of nature is the work of God
 There are those who hear but not the voice of God
 Hear the sounds of man - not the sounds of God
 Listen well and hear the voice of God
 The sounds of nature are the songs of God

