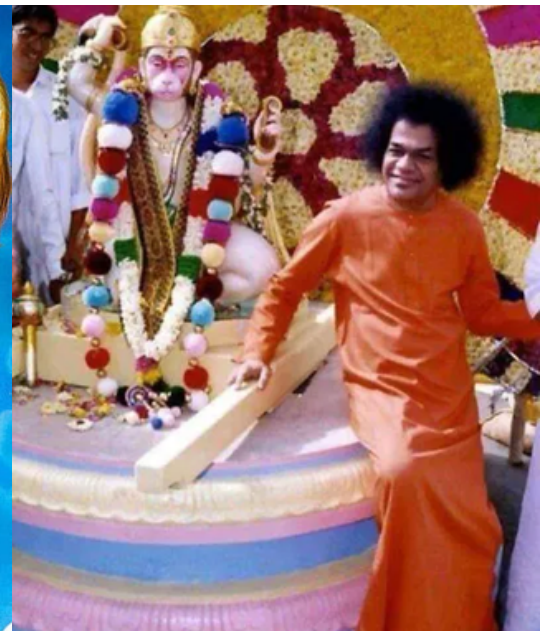


SAI DHARMAM

SRI SATHYA SAI BABA CENTRE OF COOKSVILLE



HANUMAN JAYANTHI

As soon as Hanuman received the order, he felt a thrust of power inside him and a new confidence that since he had been so ordered, the strength and intelligence, the courage and the adventurous spirit needed, would be granted by Rama himself. So, he never had any qualms about his capacity or capability. His body and spirit were vitalised by the very fact that Rama asked him to do something. As electric cable has a copper wire inside its plastic coating; for good operation, both must be of high quality. So, too, the body and the spirit within, have both to be in good trim, and Rama's words made them both efficient and active. The dharshan (sight) of Rama conferred on Hanuman an enormous reinforcement of power, even physical power. How else could he have jumped across a hundred miles of sea, a task that even Jambavan, Angadha and other vanara heroes would, not dare venture upon, which he accomplished by the mere recitation of the Name of Rama.

- Sri Sathya Sai Baba, February 01, 1977

Reflection Questions:

1. How does faith in God help us when faced with difficult situations in life? Do we ever thank God for this?
2. Do you ever think that each of us have various unique powers and talents, but we never think to realize that it is actually because of God that we are able to achieve such accomplishments and fight over various obstacles in life.

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BHAJAN

*"Whatever
work Swami
gives you,
always be
prepared and
ready to do it...
just like
Hanuman*

SATHYA SAI BABA



DEVOTEE SPEAKS

Hanuman was the epitome of the relationship between bhakta and Bhagavan. Swami has shared countless examples where Hanuman displayed his devotion to Ram and where Hanuman displayed his physical strength and virtuous character, and all in acts of selfless service. During the battle, Lakshmana fainted. At this, Rama instructed Hanuman to bring the Sanjeevani plant which would be able to cure Lakshmana. Hanuman went to the mountain that contained the Sanjeevani plant but was unable to correctly identify the plant. Hanuman decided to uproot the entire mountain and bring it back to the battlefield so that Lakshmana could be saved. This is how Hanuman used his physical strength to serve others, without hesitation he carried an entire mountain to help someone in need. When Ravana was killed in the battle, Hanuman went to Sita to share the good news. Sita was overjoyed and gave Hanuman the title of “Puravarshoura”, the valiant one; “Gunavantha”, full of virtues, and “Balavantha”, full of prowess. She continued to praise Hanuman, but Hanuman received no joy from this. It was only when Sita told Hanuman “May Rama love you forever and install Himself in your heart” that Hanuman was filled with joy. Hanuman was a humble servant and had no desire but to serve the lord which exemplifies his virtuous character. As this month is Hanuman Jayanthi, may we all continue to work at using our physical, mental, and spiritual abilities to serve selflessly; just as Hanuman did.



"God judges the devotee's love by the intensity of the feeling and not by the number of way the worship is offered ."

SATHYA SAI BABA

PRESIDENT'S MESSAGE

Aum Sri Sairam Respected Elders, Brothers and Sisters,

On behalf of Sri Sathya Sai Baba Centre of Cooksville, and in the name of Swami, our sincere gratitude's to you and your family members who have been supportive of all the Swami's activities. Our Sincere thanks to all the Office bearers for your sincere selfless efforts.

We have started New Year 2023 with a special bhajans followed by Mahashivrathri in Feb. 2023 and the next main event is going to be Swami's Aradhana Mahotsav Day on Monday April 24th, 2023, this day has also been celebrated as "Human Values Day", soon you would be receiving the Aradhana Day program details in the global email and WhatsApp groups.

Another auspicious day is April 6th, 2023 is Hanuman Jayanti (Birthday of Lord Hanuman) is celebrated to honor the birth and memory of Lord Hanuman. Hanuman is worshipped for his unsurpassed devotion to God (Lord Rama) and embodies supreme intelligence, strength and courage. Lord Hanuman's statue stands tall in Hill View Stadium in Puttaparthi as a symbol of strength and courage. He did not pride himself that he knew so much. He was the very picture of humility, born out of genuine sincerity and wisdom. He realised that the Rama-principle, Atmarama, was illumining every being, and he adored it above all else. HANUMAN succeeded in co-ordinating his thought, word and act. Therefore he had the unique distinction of being great in physical strength, mental stability and virtuous character. He shines as an invaluable gem among the personalities of the Ramayana. He was also a great scholar who had mastered, of all things, the nine schools of grammar! He knew the four Vedas {sacred scriptures of the Hindhus) and the six Shasthras (spiritual sciences). The Geetha says that a scholar is "one who sees the same Divine force motivating everyone" - Pandithah Samadharsinaha. As per the Swami, we must pay special attention to the feature of Hanuman's life. He never calculated the pros and cons - can I succeed? Why am I, of all people, chosen for this mission? When Rama asked him to discover the whereabouts of Seetha. "Why should I weigh the chances of success or failure?" he said to himself. "The Rama who chose me will bear the responsibility." He decided to pray and do his best. While on his flight, a hill rose up from the sea and offered him rest and hospitality, but he refused the invitation. A demoness, rose from the sea and invited him to fight with her before he proceeded further, but he brushed her aside and flew on. He sped through the sky like one of Rama's own arrows. Self-confidence was the basis of his courage; over it he erected the walls of self-satisfaction; on them he constructed the roof of self-sacrifice, and he dwelt in that mansion enjoying the Bliss of self-Realization. Here is a fine illustration of the devotion of Hanuman to Rama. On the completion of the bridge and on the night before the march across to Lanka, Rama was reclining on the sands of the sea-shore in the cool bright moonlight with his team. Suddenly he threw the question why the Moon had a mark on it and what that patch indicated. Each one ventured on an answer. Some said it was the shadow of the earth, some that it indicated a big hollow or crack on the surface of the Moon, and some said it must be a huge heap of soil. Rama asked Hanuman, who had been silent for long, what he thought about it. Hanuman said that it was the reflection on the Moon of the face of Rama which he adored! He had the unique fortune of visualizing Rama in everything that he cast his eyes upon. Sairam!

MONTHLY CALENDAR

APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<div>1</div> <div>SSE CLASSES VIRTUAL</div> <div>SSE GROUP 2 AT CENTRE</div>
<div>2</div> <div>ARADHANA DAY PRACTICE</div>	<div>3</div>	<div>4</div>	<div>5</div>	<div>6</div> <div>BHAJANS - YOUTH ADULT</div>	<div>7</div> <div>UNIVERSAL HEALING PRAYERS</div>	<div>8</div> <div>NO SSE (EASTER HOLIDAYS)</div>
<div>9</div> <div>ARADHANA DAY PRACTICE</div>	<div>10</div>	<div>11</div>	<div>12</div>	<div>13</div> <div>BHAJANS - SSE STUDENT</div>	<div>14</div>	<div>15</div> <div>SSE CLASSES VIRTUAL</div> <div>SSE GROUP 3 AT CENTRE</div>
<div>16</div> <div>ARADHANA DAY PRACTICE</div>	<div>17</div>	<div>18</div>	<div>19</div>	<div>20</div> <div>BHAJANS - ADULTS</div> <div>STUDY CIRCLE</div>	<div>21</div>	<div>22</div> <div>SSE CLASSES VIRTUAL</div> <div>SSE GROUP 4 AT CENTRE</div>
<div>23</div> <div>ARADHANA DAY PRACTICE</div>	<div>24</div> <div>ARADHANA MAHOTSAVA</div>	<div>25</div>	<div>26</div>	<div>27</div> <div>BHAJANS - MIXED BHAJAN</div> <div>jomins - Gayathri Chanting</div>	<div>28</div>	<div>29</div> <div>SSE CLASSES VIRTUAL</div> <div>SSE GROUP 2 AT CENTRE</div>





Hunuman Jayanthi

M	I	A	H	A	A	U	P	O	M	C	I	A	F
A	N	H	L	S	C	A	U	U	O	K	O	U	N
K	R	F	A	E	A	U	R	F	A	R	P	R	I
V	C	P	K	L	P	A	A	V	A	L	R	A	A
S	O	N	S	F	O	E	V	E	A	O	F	A	T
A	N	A	H	L	W	M	A	E	O	F	N	R	N
L	F	M	M	E	E	A	R	T	R	S	R	A	U
R	I	U	A	S	R	R	S	N	P	E	L	A	O
M	D	N	N	S	F	T	H	M	A	R	V	R	M
N	E	A	A	N	D	N	O	A	S	U	H	A	P
S	N	H	W	A	I	R	U	U	L	C	A	M	O
A	C	E	N	M	A	F	R	N	S	R	L	A	P
O	E	S	F	A	E	C	A	C	D	R	A	P	R
R	A	V	A	N	A	N	I	T	V	T	M	L	M

GAME

Please find the words from word bank on the word search.

WORD BANK

RAMA	SELFLESS
PURAVARSHOURA	CURE
HANUMAN	RAVANA
MOUNTAIN	LAKSHMANA
CONFIDENCE	POWER

BHAJAN

Jai Jai Hanuman Jaya Hanuman

Maruti Raya Jaya Hanuman

Mahanubhava Jaya Hanuman

Vayu Kumara Jaya Hanuman

Vanara Veera Jaya Hanuman

Anjani Putra Jaya Hanuman

Ati Balavanta Jaya Hanuman

Sri Rama Dootha (Bhakta) Jaya Hanuman

Meaning

Victory to Hanuman the son of Maruti and Anjana Devi, the One who has the authority and wisdom. Hanuman is one of extraordinary strength, monkey warrior, messenger and devotee of Sri Rama.