SAI DHARMAM

SRI SATHYA SAI BABA CENTRE OF COOKSVILLE



HAPPY BIRTHDAY SWAMI!

Reflections from Devotees

Our dear lord, Sri Bhagavan Sri Sathya Sai Baba has always been close to our hearts. He has always been there for us as our mother, father, Guru, and savior. -Group 4 Swami's teachings and devotion had brought me up as a divine child. I am always grateful for Him bringing in love, devotion, and purity to the world.

- Youth

Swami is the utmost power of energy and pure love. Practicing His teachings and love brought me a life on this earth.

-Group 4

He is omnipresent and is not only in our hearts, but in our past, present, and future.

-Youth

Baba is simply the
Embodiment of Love!
Cultivating noble and sacred
thoughts, avoiding credence
talk and following a sacred
pathway has been Baba's
ultimate message in my life.
-Group 3

"Love all Serve all, Help Ever Hurt Never" – Baba It has always been a mantra for me since the saying Baba was in my life. His presence and love will always be there with me and our family. –Youth

THE YEAR IN REVIEW...

LADIES WING

In the year 2021, around 7000+ masks were delivered to the Michael Garron Hospital as part of the outreach program. We also delivered 7316 wipes and 4703 diapers at the pregnancy centre in Kitchener. Based on the needs at the pregnancy centre, these will be distributed to around 300 participants. The ladies wing members learned the Siva Puranam and Karma yoga shlokas for a period of one year. We also delivered 200 cupcakes to the health care workers at Sick kids' hospital to show our gratitude to the health care staff during the Covid-19 crisis. Weeklong hybrid Navaratri celebrations were held from October 6 to 12th by the Ladies Wing

SERVICE WING

As of 2021, the biggest activity the service wing did was the food drive. On one Sunday of every month, a service wing coordinator will pick up non-perishable foods from devotees' homes. Our target for this year was 2021 lbs, but we had exceeded this target early on the year and as of right now our total is 3,624 lbs. Throughout the year, the service wing and volunteers have done centre maintenance. Also, we had lighting the lamp service that occurred everyday at the centre. Lastly, the service wing had volunteered all nine days at the centre for the Navarathri bhajans.

DEVOTIONAL WING

On behalf of the devotional wing it gives me great pleasure to provide a short review for 2021. With the unfortunate physical closure of our centre due to COVID, we were still able to continue our services "online". This was only possible by the grace and love from our dear Bhagawan Sri Sathya Sai Baba. We were able to celebrate our regular festivals online through Zoom and YouTube connections. Our record zoom attendance reached 100 live connections on Swami's 95th birthday celebration evening session. Again, this is only possible by the tremendous support and encouragement from our centre members. The following monthly activities online 2021 include:

- Weekly online bhajans, Youth, SSE and Adult sessions
- Bhajan practice 1st and 3rd Saturday of each month
- Study circle on 3rd Thursday of each month

With the re-opening of our centre, let us all come together and work tirelessly in this golden mission that our Bhagawan Sri Sathya Sai Baba has given us.

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YOUTH WING

During the month of August, the youth participated in a career workshop that benefited those early on in their careers seeking guidance in choosing a professional path as well as those with years of working experience wanting to do and know more about various aspects of their professional lives. The guest speakers: Dr. Sundar Iyer and Dr. Prasaanthan Gopee-Ramanan, spoke to the youth about self-confidence and engaged with the audience in vibrant discussions.

EDUCATION WING

With Bhagawan's love and grace, parent-Guru interviews took place virtually in the month of Feb 2021. Meaningful conversation with the parents, child and Gurus resulted in continuous improvement in SSE learning for the child and growing spiritually strong through 5 teaching techniques. SSE Children presented virtual video offering at His divine lotus feet on May 8th, 2021. Special Guest speaker Arvind Balasubramanya enlightened the audience by sharing his experiences and words of wisdom honoring mother Easwaramma. Group 4 children conducted a virtual summer camp for SSE children in July. Each session included activities planned on 5 human values. Each session was fun filled and learning with love. Virtual Veda chanting classes and extra bhajan practices classes for SSE children took throughout the summer. 20+ children learnt Vedas and 15+ students have been learning new bhajans during the practice session and offering their bhajan on Thursdays. Virtual SSE orientation took place virtually in Sept. We have 74 families' registrations including 5 new families totaling 104 students & 10 young adults including 8 new students for SSE classes in 2021-2022.



PRESIDENT'S MESSAGE

Aum Sri Sairam

Our Humble Pranams at the Lotus feet of our dear bhagawan Sri Sathya Sai Baba.

Respected Elders, Brothers and Sisters.

Swami's Grace hope you are doing well.

As Swami often said, "Love All Serve All", "Help Ever Hurt Never", "Manav Seva is Madhava Seva". This has been our core practices as Swami devotee. Last two years it has been a rough road for most of us due to the Covid-19. Swami's grace and the cooperation from all the members/devotees, Office bearers and Trustees, Swami's activities never stopped and continued virtually, to name few, Thursday's bhajan, Monthly Study Circle, Bi-weekly Bhajan Practices, Mahashivrathri, Aradhana Mahotsav, Guru Poornima, SSE Classes, Mother Eshwaramma Day, New Guru's training, Veda teaching's, Mask Collections, Baby wipes/diapers collections, Cupcakes for SickKids, Non-perishable food Collections, Monthly Universal healing prayers, Senior home services, Likhitajapam, Dr. Sunder Iyer's workshop, Monthly Saidharmam newsletter.

Due to the relaxed provincial guidelines, devotees gradually started daily lighting of lamp and Navratri special bhajans at the Centre. Swami's grace, if all works out well, soon we are going to start Thursday bhajans with the limited devotees at the Centre including Akhanda bhajans on Saturday, Nov. 13th, Ladies Day on Friday, Nov. 19th, and Swami's 96th birthday on Tuesday, Nov. 23rd. Without your faith and devotion to our dear Swami, this would not have been possible. Precautions are always better and we will have a slow & study approach until we see normalcy.

You have always been supportive, and we request your kind support talking with our SSE Gurus and all the office bearers if there is any help required. Looking forward to the exciting month in November.

Thank you for all your kind cooperation and blessings.

Sairam,

Nandy



BHAJAN

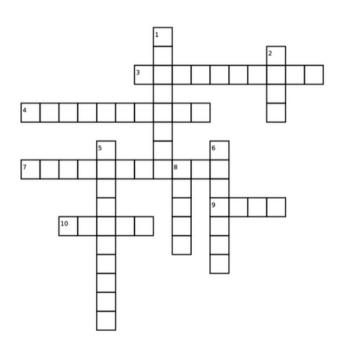
Aao Pyare Nayan Hamare Sai Hamare Aao Thum Bin Koi Nahi Rakhvale Thum Bin Kaun Sahare (Baba) (2) Aao Sai Pyare Sai Hamare Aao (3)

Audio: https://youtu.be/Q3vClb3PMSo

Meaning:

Please come our beloved Lord Sai!
You are as precious as our eyes.
Without You, there is no one to
protect us.
Who but You can support us, O
Beloved Sai?.

GAME



Answers

1. November 6. Vibhuti 2. Love 7. Puttaparthi 3. Avatarhood 8. Truth 4. Easwaramma 9. Hurt 5. "I AM SAI BABA" 10. Peace

Down:

- 1. Which month is Swami's Birthday?
- 2. ____ all Serve All
- 5. What did Swami say for the first time when he proclamied himself to be the reincarnation of Sai Baba of Shirdi?
- 6. Swami purported many materialisations of what?
- manifests as being honest sincere acting with integreity

Across:

- On October 20, 1940, was the day Swami made the historic declaration as a Divinity Incarnate in Human Form
- 4. Who was Swami's Mother?
- 7. Which village was Swami born in?
- 9. Help Ever ____ Never
- ability to maintain equanimity in all situations