



SAI DHARMAM

Sri Sathya Sai Baba Centre of Cooksville

What is Canada Day?

July 1st. It might be a birthday or a different celebration to you but for all Canadians it's Canada Day! The day is to remember when our beautiful country got independence. Usually Canada Day is celebrated with fireworks, barbecues, parades, picnics and even live concerts. Here are some facts. Canada Day was originally called Dominion Day. In 1982 the Canadian government changed it to Canada Day. "O Canada" was officially appointed Canada's national anthem on July 1st 1980. The name "Canada" comes from the Iroquoian word "Kanata". The Iroquois are a First Nation that lived in Quebec in the 16th century.

Canada Day can be celebrated however you would like. It's a day of celebration. Happy Canada Day!





Swami's Message on Diversity

Swami says, "All the religions are different paths, leading to one and the same destination." When we think about religion, we tend to state it as the belief in which we worship certain behaviors and practices, morals, worldviews, scriptures, sanctified places, prophecies, ethics, or organizations, that relate back to humanity and spiritual elements. Every religion has its own way of teaching but the message claims to be the same for all. Swami says, the oneness is Brahmajnana; knowledge of the Absolute. Diversity of different cultures is a one big connective atmosphere for uniting people and to grow as individuals in a positive setting. Religion is so powerful that it brings unity, faith, and love that grows and carries from one person to another. Many of the teachings from swami had always connected back to the 5 human values; love, peace, non-violence, right-conduct and truth. Putting each and every value into practice everyday, will have everyone attaining Bhakti and true love for God. Most of the time, we are dealing with situations where we need aid of the supernatural, and we tend to take advantage of that. Being faithful and having righteous actions towards things, will always lead to positive outcomes. Swami had always talked about turning his teachings into practice, and always emphasized, "All devotees should experience this truth and live up to it in their daily lives, setting an example for the rest of the world." When we follow any religion, we should subconsciously attain love for God without it being artificial. We shall seek response to life without any expectations but, having the right mindset of being in a positive environment and lead to righteous lives experiencing bliss through devotion. By following this, we can attain the life of bliss and love.

President's Message

The full circle represented by the moon represents the state of the mind when it is filled with Love. Guru Poornima is observed on this day. Gu means darkness and Ru means dispelling. Guru means one who dispels darkness. Guru Poornima is the day on which one celebrates the dispersal of the darkness of ignorance from the mind. Hence, people should fill their minds with the all-embracing Love Principle. To experience the fullness of Love, you must fill your hearts completely with Love. That will be the result of total devotion.

What is the significance of Guru Poornima? Guru is one who illumines the path to divinity. Poornima stands for the cool full moonlight. Full moon stands for a mind with total illumination and purity. Even if there is a trace of blemish in the mind, it will lead to darkness. It cannot give you total bliss. Let your mind be filled with the radiance of divine love. You cannot attain God with your education, power and wealth. He is accessible by Love and Love alone. You can experience Him only when you develop Love. Devotion means

to Love God wholeheartedly. Guru Poornima (the full moon day dedicated to Guru). The fully worth-while Guru must facilitate that vision of Unity without the discords and divisions that 'mine' and 'thine' engender in the mind of man. Such a Guru was the sage Vyasa. This day is also called Vyasa Poornima, a day when mankind offers him the gratitude he deserves. 'Vyaso Naaraayano Harih': Vyasa is the Lord Narayana, Hari. Narayana, the Lord Himself, came as a man called Vyasa, to collate the Vedas and teach man the path towards God. He has made the path plain and easy to climb...

Sage Vyasa sympathized with man who was caught in the coils of do's and don'ts, of success and failure, of desire and despair. He demarcated many practices which leads man along to fulfilment. The fulfilment consists in eliminating animalistic tendencies that lurk in man and reaching out to Divinity that is his essence.

Who is Guru ? The first Guru is the mother; her example, her advice, her admonition affects man deepest

and longest. The second is the father, who is admired by the child for his strength and knowledge and feared for the punishments he inflicts. Next is the teacher, who leads him and guides him into the maze of material knowledge. But, the Guru (spiritual preceptor) alone can open the inner eye and cleanse the inner instruments of intuition. He induces you to question yourself, "Dheham?" (Am I this body or is this body only a vehicle which I am using) and discover the answer, "Naaham" (I am not this Body). Then the investigation starts to delve into the reality of the I, "Koham" (Who am I then?) and the answer reveals itself in the purified consciousness, "Soham" (I am He); I am a spark of that Glory; I am Divine.

Swami's Grace, this year "Guru Poornima" is on Tuesday, July 16th, 2019. All are requested to participate and adore the memory of our dear lord bhagwan Sri Sathya Sai Baba through chanting mantras and singing his glories at Cooksville Sai Centre.

Game	Bhajan
CANADA DAY ANAGRAMS Unscramble the following words dnaaca	Namo Bhagavate Vasudevaya Namo Bhagavate Rama Roopaya Namo Bhagavate Shyama Roopaya (Namo) Rama Rama Ram Raghukula Tilaka Raghupathi Raghava Ram Shyama Shyama Shyam Yadukula Tilaka Patita Pavana Shyam Ram Rahim Krishna Karim Yesu Buddha Mahavir Sarva Dharma Priya Sai Devaya Sarva Dharma Priya Sai Roopaya
trioano wroferiks tmpalairen lyiohda	Meaning: Salutations to the dear forms of Krishna and Rama. Chant the name of Rama the jewel of the Raghus, chant the name of Krishna the jewel of the Yadus. Chant the name of Ram, Rahim, Krishna, Karim (Mohamed), Yesu (Jesus), Buddha and Mahavir. Chant the name of Sai,

CONGRATULATIONS TO THE TORONTO RAPTORS ON WINNING THE 2019 NBA CHAMPIONSHIPS!!

who loves all religions and who is the

embodiment of all religions.

